

NEW HOPE NEWS

New Hope Academy of Gymnastics 17270 Newhope St, Fountain Valley CA 714.556.8050 www.newhopegymnastics.com

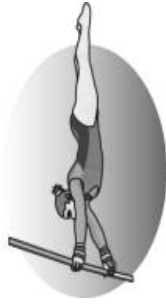
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MAY 2009

MONTHLY, Zero\$

GIRLS "ROCK" REGIONALS

Chanelle Sekas (Level 8, Age 12A) wrapped up her nearly perfect season with another 1st Place finish at the Region 1 (Level 8-9-10) Championships held on April 17-19 in Sacramento. Chanelle "stuck it" for 1st place awards in Vault and Bars... on her way to earning the AA crown.



The victory was the perfect finish for a fabulous weekend where New Hope athletes captured top honors against qualifying girls from five states representing Region 1--Northern CA, Southern CA, Arizona, Nevada, and Utah.

Lev 10, **Lisa Wiktorski** (Jr-C)--with her amazing Floor and Bars--placed 2nd and 3rd on those events. Her 5th place AA score earned her a spot at the Junior Olympic Nat'l Championships in Puyallup, WA on May 14-17. JO Championships will see 400 athletes compete for top honors and the attention of college coaches. Level 10 is the skill-level just below

Olympic caliber; only 2,500 or so of the 69,000 female US gymnasts ever reach this rank.

Barely healed from her January injury, **Sara Carlson** (Sr-B) pulled off an incredible (9.5) 2nd place on Bars and 8th place All-Around finish which earned her a spot as first alternate to JO Nat'ls and/or a spot at the NIT meet. Teammate, **Molly McFarland** (Jr-C) barely missed earning her own spot at JOs.

Lev 9, **Michaela Schaeffer** (Jr-6), scored a spectacular 9.625 Bars and a 9.15 Vault for Championships in both... and captured the 2nd Place AA title as well as the chance to compete at Level 9 Western National Championships in Bartlesville, OK on May 7th.

Level 8, **Kinsey Aherne** (Age 15B) won the Bars Championship and placed 2nd on Vault with a 9.625--both helped earn her a 2nd Place AA medal. "Props" to **Rae Adams** (Age 15A) for her incredible 9.3 on Bars and a dynamic Floor routine which earned 2nd Place...and to **Carly Norczyk** (Age 13A), whose awesome Bars and Floor earned a terrific 11th Place AA finish. Congratulations to all!

ACADEMY STUDENTS OF THE MONTH

Announcing "Students of the Month" for May:



**DENISE JANUARY
LILY DO**

Check out their photos and bios on the New Hope News bulletin board in the lobby!

Academy students--two selected each month--are nominated by the coaches for their positive attitude, team work and good work ethic.

LATE NIGHT MAY 16TH!

There are still spaces available for the Late Night Out on Saturday, May 16th. Sign up in the office today--\$25 before 5/14; \$30 after.



Kids will enjoy a great night of fun activities, gymnastics play, bouncing and movie...oh yeah, and snacks and pizza! Parents spend an evening--home or out-on-the-town--with no kids!