

NEW HOPE NEWS

New Hope Academy of Gymnastics 17270 Newhope St, Fountain Valley CA 714.556.8050 www.newhopegymnastics.com

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MONTHLY, Zero\$

FALL ACADEMY SHOW!



The excitement builds as our very own Academy athletes are polishing skills for the "Fall Into Fun" Academy Show to be held this November 22nd.

Over 100 students have already signed up and the leotards, t-shirts and engraved trophies will be delivered soon! Team athletes will provide exhibitions and concessions and we will have special aerial arts demonstrations by our own Ruby Karen!

There is still time to sign up! Call or come by the office to make sure your student will be able to participate.

Mark your calendars for the show date of November 22nd ...AND be on the look-out for a flyer detailing the final show schedule and show-day instructions.

The students are practicing hard to learn all their skills series...so be sure to invite parents, grandparents and friends to come watch this fun event and witness their accomplishments!

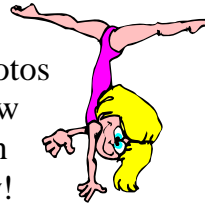
Start YOUR holidays off with a family day of fun!

ACADEMY STUDENTS OF THE MONTH

Announcing "Students of the Month" for November:

MARLY SHIFFLET
JACOB RALLS

Check out their photos and bios on the New Hope News bulletin board in the lobby!



Academy students—two selected each month—are nominated by the coaches for their positive attitude, team work and good work ethic.

MOVIN' ON UP?

Don't miss class during the first two weeks of December because coaches will be evaluating all academy students.

Parents and students will be notified by their coaches if they are ready to move up a level or what skills they need to work on to achieve that goal. Some students may even be asked to join our Girls or Boys Team!



There is nothing like the ecstatic look on a child's face when they tell the office "My coach says I'm moving up!" ...so don't miss class 'cuz the next evaluations are July 2010.

DANCE-CIRCUS CLASSES!

We are pleased to announce that *Ruby Karen—Int'l Aerialist & Performer*—will be offering new classes here at New Hope:

♦ Kids Aerial Arts—Great start for kids to learn progressive cutting edge performing arts such as kids aerial dance & arts including Hoop & Hammock. **Sun11-12:00**

♦ DanceFlex for Adults—Stretching/dance movements customized to the group. Great for flexibility, grace and coordination. **Mon5-6:00**

♦ Playground Aerial Open Gym—Practice what you've learned or try a new skill! We will set up the Tissu, Hoop or Hammock and instructors will be there to spot you. **1st Sat/Mo**

So whether you are age four or forty, novice or expert, fun-loving or seasoned competitor...we have the coach and the class for you!

Sign up or just get info for these new, exciting aerial arts classes at www.rubykaren.com. Or access the Ruby Karen site via a link on our website: www.newhopegymnastics.com.

... **GYMNASTICS IS FUN!**